

PODCAST ON A PAGE

4 Ways to Become Unstuck After Redundancy.



Support and be Supported

Supporting each other in these hard times is invaluable. If you're in the same boat, being open and honest will go further than you imagine.



Succumb to the Spreadsheet

Get clear on your financials. Work out where the numbers are at now, how far they need to go and what you need to do with that information.



Explore New Platforms

Look for different platforms that speak to your specific needs. There, find people in your world of work to connect with.



It's Not Me, it's You!

If you haven't heard back from an application, it may be because they have a pile of priorities to work through; Don't see it as a direct reflection of yourself.



Let's Talk Redundancy:
Stuck in the Middle
with Marco Beschizza