

FROM DREAMERS TO DOERS

with Beth

HOW TO GET BACK ON TRACK WHEN YOU FEEL LOST

1. Get Clear on Your Deliverables

- What are you trying to do?
- Why are you trying to do it?

2. Identify Other Support

- Emotional.
- Practical.

3. Prioritise

- What is the minimum that needs to be done?
- You don't need to do everything.
- What three things have to be done?

4. Take it in Bitesize Chunks

- Identify quick wins that let you build momentum.
- Break it down from sweeping strategy to tight and tactical.

 **PODCAST EPISODE** > 5 – How to Get Back on Track When You Feel Lost in a Project