FROM DREAMERS TO DOERS

with Reth

HOW TO RESPOND TO **NEGATIVE FACEBOOK COMMENTS**

What do you do when you post and get a negative comment?

First, don't worry, it happens to everyone!

You just need to know how to handle it.

These steps will walk you through:

- 1. Stop & take a breath
- 2. This isn't about you
- 3. Decide on a course of action: respond, hide, delete, report or leave
- 4. Take action.

If responding:

- Pause & regroup
- Avoid opening into a conversation
- Be clear, concise & kind
- 5. Remember, this means people are reading and engaging with you!

The Power of the Pause!

Pausing gives you time to consider and respond in a mature way and not act purely on instinct. It also means that you're less likely to get drawn into a tit for tat conversation!



7 – How to Respond to Negative Facebook Comments in 5 Easy Steps